

# STARK EDLER APOTHECARY

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## Hormone Replacement Therapy Patient Information Sheet

Name: \_\_\_\_\_ Phone#: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Your Doctor: \_\_\_\_\_

Doctor's Phone# \_\_\_\_\_ Doctor's Fax# \_\_\_\_\_

Your main reason(s) for seeking care today. Please list most severe condition first.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

### MEDICAL HISTORY

Medication or food allergies: \_\_\_\_\_

\_\_\_\_\_

Are you currently taking hormones? \_\_\_\_\_ If so, what is your regimen? \_\_\_\_\_

\_\_\_\_\_

List any previous hormone therapy you have tried: \_\_\_\_\_

\_\_\_\_\_

List any other prescription medication you are currently taking: \_\_\_\_\_

\_\_\_\_\_

List any vitamin, nutritional, or natural products you are currently taking: \_\_\_\_\_

\_\_\_\_\_

Have you had any children? \_\_\_\_\_ Do you still have your uterus? \_\_\_\_\_ Ovaries? \_\_\_\_\_

Do you consume caffeinated drinks? \_\_\_\_\_ If yes, how much? \_\_\_\_\_

Do you smoke? \_\_\_\_\_ If yes, how much? \_\_\_\_\_

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Please circle any of the following conditions you have had previously or currently.

Thyroid Disease  
Prematurely gray  
Heart Disease  
Osteoporosis

Fibrocystic Breast Disease  
Blood clotting disorder  
Migraine headaches  
High blood pressure

Endometriosis  
Cancer  
Lupus  
Other: \_\_\_\_\_

Is there a family history of:

Uterine cancer?	Yes_____ No_____
Ovarian cancer?	Yes_____ No_____
Breast cancer?	Yes_____ No_____
Osteoporosis?	Yes_____ No_____
Heart Disease?	Yes_____ No_____

Do you still have your period?\_\_\_\_\_ If not, age at menopause or hysterectomy:\_\_\_\_\_

Are your cycles regular? Yes\_\_\_\_\_ No\_\_\_\_\_

Do you or did you have PMS Yes\_\_\_\_\_ No\_\_\_\_\_

Cramps? Yes\_\_\_\_\_ No\_\_\_\_\_

Are you currently taking birth control pills? Yes\_\_\_\_\_ No\_\_\_\_\_

If so, which one?\_\_\_\_\_

Have you experienced any of the following symptoms recently? (Circle all that apply)

Sleep disruption

Decreased libido (sex drive)

Night sweats

Depression

Fatigue

Fluid retention

Vaginal dryness

Migraines/headaches

Irritability

New facial hair

Nervousness

Breast tenderness

Hot flashes

Decreased quality of orgasm/intercourse

Dry skin

Mood swings

Crying easily

Weight gain

Short-term memory loss

Painful intercourse

Poor concentration

Food cravings

Backaches

Other:\_\_\_\_\_

